



Ability &
Choice Services, Inc

January 2018 Newsletter

During the Month of December The ACS Christmas Choir performed two major public performances and several private performances to nursing homes throughout the Salt Lake Valley. Many of you came to support these concerts. Over \$800 was earned by those who sold craft items at the craft sale! Thank you so much for your support!

During the last day before Christmas, Santa visited both the South Salt Lake and Draper Centers for their Christmas parties. Santa is a rock star around ACS!

During the Month of January the Drama Club will launch into their preparations for the next ACS play. This year, we will be performing Sleeping Beauty! You will not want to miss it! The Arts and Crafts Club will once again design and produce many of the props. Additional recreation, learning and job development activities will take place around each of the centers and in the community.

Happy New Year!

For the last 19 years of living in my home, every morning I would have to bend over to get my head wet in the shower. I was simply too tall to fit under the shower head. And, for the last several years, I have been disappointed with the amount of water that comes from the shower head. It felt more like a weak drip than a shower. You can probably imagine that after such a long time the shower head was covered and clogged with mineral deposits which limited the amount of water that could squirt through those little holes. The shower did work, but it wasn't great.

While doing some shopping at Home Depot, my wife and I decided to finally replace the shower head. We found many to choose from and finally settled for one that we thought looked nice and would do the job. In addition, to my delight, we found a shower arm that raised the height of the shower 12 inches! I couldn't wait to install it!

As I showered the next morning, standing straight under my new shower head, I was blown away by the experience! How long had I put up with a rotten shower head at the wrong height? I think my life had just been improved by 10-20% by just fixing the shower head! I started questioning my sanity. What other areas of my life could be dramatically improved with just small simple changes? A slightly better diet? An increased dedication to scripture study and prayer? Or, maybe just letting go of a couple small dumb things that have been bugging me. The list gets long very quickly.

During this season of New Year's resolutions, take a moment and discover one or two small things you can do that will bless your life or the life of someone you work with. Small changes can really make a difference!



Keaton's Success Story

Congratulations to Keaton for his new job at Desert Star! Keaton works on maintaining the appearance of Desert Star, the Military store, the apartments above the theater and the outside of the business. He has a very fun and positive attitude at work and loves to discuss the play's that he writes with the actors and actresses. He has been complimented on his hard work and helps make the environment enthusiastic. Congratulations to Keaton! Keep up the great work!